





ELEMENTARY SCHOOL LUNCH MENU

Maschio's Food Services, Inc.

Our lunch menus meet or exceed the USDA guidelines for Child Nutrition Lunch Programs

www.maschiofood.com

Healthy Meals Grow Healthy Kids!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3 Cheese Steak Hero Oven Baked Potatoes Fresh Apple Milk Selection | 4 Chicken Patty on a Bun Carrot Dippers Chilled Pears Milk Selection  | 5 Corn Dog Nuggets Dinner Roll Cucumber Slices Chilled Peaches Milk Selection | 6 Cheeseburger on a Bun Mixed Vegetables Fresh Banana Milk Selection | 7 Pizzeria Pizza Garden Salad Apple Slices Milk Selection |
| 10 COLUMBUS DAY  | 11 Baked Macaroni & Cheese Steamed Broccoli Fresh Grapes Milk Selection | 12 Pasta w/Meat Sauce Whole Wheat Roll Garden Salad Fruit Cup Milk Selection | 13 Chicken Fries Whole Grain Roll Vegetable Pasta Salad Fruit Cup Milk Selection | 14 French Bread Pizza Spinach & Romaine Salad Fresh Grapes Milk Selection  |
| CELEBRATE NATIONAL SCHOOL LUNCH WEEK | | | | |
| 17 Popcorn Chicken Multi-Grain Roll Sweet Golden Corn Applesauce Milk Selection | 18  BBQ Beef Rib Sandwich Spaghetti Squash Orange Slices Milk Selection | 19 Cheese Ravioli Whole Wheat Roll Vegetable Medley Chilled Pears Milk Selection | 20  Grilled Cheese Sandwich Tomato Soup Fruit Cup Milk Selection | 21 Pizzeria Pizza Cucumber & Tomato Salad Mixed Fruit Cup Milk Selection |
| 24 <i>America!</i> Grilled America Cheese Sandwich Vegetable Soup Macintosh Apple Milk Selection  | 25 <i>Mexico!</i> Beef Burrito w/Salsa Steamed Rice Golden Corn Pineapple Cup Milk Selection  | 26 <i>France!</i> French Toast Sticks Turkey Sausage Links (2) Golden Hash Brown Fresh Banana Milk Selection  | 27 <i>China!</i> Oriental Chicken w/Stir Fry Vegetables Fluffy White Rice Mandarin Oranges Milk Selection  | 28 <i>Italy!</i> Stuffed Crust Pizza Caesar Salad 100% Fruit Juice Cup Milk Selection  |
| CELEBRATE WORLD FOOD WEEK | | | | |
| 31 HALLOWEEN Pizza Sticks w/ Marinara Sauce Garden Salad Low Fat Pudding Cup Fresh Fruit & Milk  | Vegetable of the Month: Spaghetti Squash Fruit of the Month: Apple | | |  |

Complete Student Lunch

\$1.80

Adult Lunch

\$2.30

"SIDEKICKS"

Ala Carte

\$1.65

Milk

\$0.40

Fresh Fruit

\$0.55

Baked Chips

\$0.65

Ice Cream

\$0.85

Baked Cookie

\$0.30

Hot Pretzel

\$0.65

Pretzel Rod

\$0.05

Spring Water 8 oz.

\$0.50

Spring Water 16 oz.

\$1.00

Snapple 100% Juice

\$1.25

Soup w/Crackers

\$0.50

Adult Soup

\$0.75

www.maschiofood.com



**SERVED DAILY
AS AN ALTERNATE LUNCH**

\$1.80-\$2.30

SANDWICH CHOICE

Monday: Turkey & Cheese Sandwich

Tuesday: Italian Sub

Wednesday: Turkey Ham & Cheese Sandwich

Thursday: Bologna & Cheese Sandwich

Friday: Sandwich of the Day

Tuna Salad Sandwich –or– Smucker's Uncrustable PB&J
available daily

Includes: Vegetable and Fruit of the day and Milk Selection

-or-

SALAD SUPREME

Grilled Chicken Salad

Platter w/ Mixed Salad Greens, Whole Grain Bread,
Fruit & Milk Selection



Choice of flavored or unflavored low fat milk, available with all meals. Prepaid meals available.

MENU SUBJECT TO CHANGE



GET ENERGIZED WITH SCHOOL MEALS



Bread Basket Available Daily

