



Intermediate School Lunch Menu

Mac Maschio's Food Services, Inc.

"Healthy Meals Grow Healthy Kids"

Monday	Tuesday	Wednesday	Thursday	Friday
2 Buffalo Chicken Wrap Corn on the Cob Mixed Fruit Choice Low Fat Milk Choice	3 <i>Breakfast for Lunch</i> Waffles w/ Syrup Turkey Sausage Patty Tater Tots 100% Orange Juice Low Fat Milk Choice	4 Cheesesteak Hero w/ Onions & Peppers Carrot Sticks w/ Dip Applesauce Low Fat Milk Choice	5 <i>"Cinco De Mayo"</i> Twin Beef Tacos w/ Salsa, Lettuce, Cheese Spanish Rice Mexicali Corn Pineapple & Plums Low Fat Milk Choice	6 <i>National Salad Month</i> Pizzeria Cheese Pizza Pasta Marinara Caesar Salad with Tomatoes & Croutons Orange Slices Low Fat Milk Choice
9 Honey BBQ Rib on a Bun Vegetable Pasta Salad Banana Low Fat Milk Choice	10 Chicken Alfredo w/ Broccoli & Pasta Tossed Salad Blueberry Cobbler Low Fat Milk Choice	11 <u>LUCKY TRAY DAY</u> Meatball Sub Sautéed Broccoli Mixed Fruit Cup Low Fat Milk Choice	12 Chicken & Cheese Quesadilla Steamed Rice Peppers & Onions Low Fat Milk Choice	13 French Bread Pizza Garden Salad Grapes Low Fat Milk Choice
16 Beef Nacho Platter Mixed Vegetables Chilled Pears Low Fat Milk Choice	17 <i>National Hamburger Month</i> California Hamburger on a Whole Wheat Bun w/ Lettuce & Tomatoes Oven Fries Applesauce & Milk Choice	18 <i>Family Wellness Day</i> Chicken Parmesan w/ Pasta Marinara Garlic Bread Garden Salad Strawberry Jello Peaches & Milk Choice	19 Italian Turkey Franks on a Roll w/ Onions, Peppers & Potatoes Honey Glazed Carrots Mixed Fruit & Milk	20 Deep Dish Pizza Caesar Salad with Tomatoes & Croutons Grapes Low Fat Milk Choice
23 Chicken Tenders w/ Dip Whole Wheat Roll Peppers w/ Dip Chilled Peaches Low Fat Milk Choice	24 <i>National Egg Month</i> Pancakes w/ Syrup Turkey Sausage Link Potato Wedges Baked Apple Slices w/ Cinnamon Low Fat Milk Choice	25 <i>'LUAU'</i> Chicken Fajitas w/ Salsa Steamed Rice Mixed Vegetables Pineapple & Milk Choice	26 Cheese Ravioli w/ Marinara Sauce Italian Bread Three Bean Medley Mixed Fruit Cup Low Fat Milk Choice	27 Pizzeria Cheese Pizza Garden Salad Chilled Peaches Low Fat Milk Choice
30 NO SCHOOL 	31 <i>Mandarin Chicken</i> Steamed Brown Rice Broccoli & Carrots Mandarin Oranges Low Fat Milk Choice		Fruit of the Month: Plum Vegetable of the Month: Peppers & Onions	Bread Basket and Fresh Fruit Available Daily!

"SIDEKICKS"

Student Lunch	\$2.55
2nd Tier Lunch	\$3.05
Reduced Lunch	\$.40
Adult Lunch	\$3.05
Entrée	\$1.95
Milk	\$0.60
Spring Water	\$1.25
Switch-Juice	\$1.50
Snapple 100% Juice	\$1.25
Ice Cream	\$.75/\$1.50
Fresh Baked Cookie	\$0.35

DAILY FEATURES

GREAT GRILLERS: Burgers, Veggie Burgers, Chicken Patties and Hot Dogs. Served with choice of Healthy Salad, Fruit Choice and Milk. \$2.55

FRESH FROM THE GARDEN: Salad favorites, crisp greens, crunchy vegetables fresh daily with assorted toppings, proteins and special dressings! Served with Whole Grain Breads, Fruit Choice and Milk. \$2.55

CUCINA ITALIA: Fresh baked variety pizzas daily with pasta specials! Served with Garden or Caesar Salad, Fruit Choice and Milk. \$2.55

SANDWICH STACKERS DELI: Premium quality deli meats, cheeses and vegetables on specialty breads and wraps with your choice of fillings including lettuce & tomato. Served with Fruit Choice and Milk. Grab & Go- \$2.55

"SIDEKICKS"

Pizza	\$2.25
Soup w/Roll	\$1.75
French Fries	\$1.40
Bagel	\$1.00
Bagel w/Cream Cheese	\$1.25
Chips	\$1.00
Yogurt	\$1.00
Fresh Fruit	\$0.65
Sliced Apples	\$0.75
Side Vegetable	\$1.25

Menu Subject to Change