



RF Doritos® Cool Ranch Tortilla Chips – 1 oz. (28 g.)

Nutrition Facts			
Serving Size 1 package			
Servings Per Container 1			
Amount Per Serving			
Calories			
			130
Calories from Fat			
			45
%Daily Value*			
Total Fat	5.0g	8%	
Saturated Fat	1.0g	5%	
Trans Fat	0g		
Cholesterol	0mg	0%	
Sodium	160mg	7%	
Total Carbohydrate	19g	6%	
Dietary Fiber	2g	7%	
Sugars	1g		
Protein	2g		
Vitamin A		0%	
Vitamin C		0%	
Calcium		4%	
Iron		2%	
Vitamin E		2%	
Niacin		2%	
Vitamin B6		6%	
Phosphorus		8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total		300g	375g
Carbohydrate			
Dietary		25g	30g
Fiber			
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

Ingredients:

Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Buttermilk, Salt, Corn Dextrin, Tomato Powder, Corn Starch, Whey, Corn Syrup Solids, Onion Powder, Garlic Powder, Monosodium Glutamate, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Skim Milk, Sugar, Dextrose, Malic Acid, Sodium Acetate, Artificial Color (Including Red 40, Blue 1, Yellow 5), Sodium Caseinate, Disodium Phosphate, Spice, Natural and Artificial Flavors, Disodium Inosinate, and Disodium Guanylate.

CONTAINS MILK INGREDIENTS.

Case UPC	000-28400-36096-8
Bag UPC	0-28400-05297-9
Case Pack	72/1 oz. bags
Kosher Status	No
USDA Smart Snack Compliant	Yes –whole grains first ingredient
Product carries FDA approved Whole grain health claim*	Yes
Grain – oz. eq.	1.5 oz. eq.
Weight of Grain	26.1 g
Document Updated	1/16

* Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol may help reduce the risk of heart disease.

I verify the information above is accurate as of 1/10/16.

Jan Ruegg
PepsiCo Foodservice/Vend
Nutrition Science

972-334-2165

Frito-Lay Inc.
Plano, TX 75024-4099



All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.