



Sunchips® Harvest Cheddar Snack Mix – .875 oz. (24.8 g.)

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	110
Calories from Fat	40
%Daily Value*	
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

SunChips® brand HARVEST CHEDDAR® Flavored Multigrain Snacks

Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made From Corn), Salt, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Natural Flavors, Whey, Whey Protein Concentrate, Onion Powder, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Buttermilk, Yeast Extract, Citric Acid, Paprika Extracts, Lactic Acid, Garlic Powder, Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk.

CONTAINS WHEAT AND MILK INGREDIENTS.

ROLD GOLD® brand HEARTZELS® brand Pretzels

Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Corn Oil, Salt, Yeast, and Ammonium Bicarbonate.

CONTAINS WHEAT INGREDIENTS.

Case UPC	000-28400-30820-5
Bag UPC	0-28400-26197-5
Case Pack	104/.875 oz. bags
Kosher Status	Not Kosher
AHG Compliant*	Yes
USDA Competitive Food Compliant*	Yes – Whole Grain first ingredient
Healthier US Schools Compliant Competitive Foods (Gold Award of Distinction)*	Yes
Grain – oz. eq.	1.25 oz. eq.
Weight of Grain	20.4 g
Document Updated	5/14

*Percent Calories from Fat were calculated using Total Fat x 9/ Calories x 100 as allowed by USDA document SP 23-2014os - Questions and Answers Related to the “Smart Snacks” Interim Final Rule