



Baked! Tostitos® Scoops - .875 oz. (24.8 g)

Whole Grain Rich

Nutrition Facts*	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	110
Calories from Fat	25
%Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	7%
Sugars 0g	
Protein 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	2%
Thiamin	2%
Phosphorus	6%
Magnesium	6%
Zinc	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients:

Whole Corn, Corn, Vegetable Oil (Corn, Sunflower, and/or Canola Oil), and Salt.

Case UPC	000-28400-42537-7
Bag UPC	0-28400-06997-7
Case Pack	72 / .875 oz.
Kosher Status	Yes - OU
AHG Compliant	Yes – E, M, H
USDA Competitive Foods Compliant	Yes – 50% or more whole grains by weight
Meets USDA Whole Grain Rich Definition	Yes
Contains FDA Whole Grain Claim*	Yes
Grain- oz. eq.	1.25 oz. eq.
Weight of Grain	22.6 g
Document Updated	3/14

I verify the information above is accurate as of 3/20 /14.

Jan Ruegg
Jan Ruegg
PepsiCo Foodservice/Vend
Nutrition Science

Frito-Lay Inc.
Plano, TX 75024-4099

* Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol may help reduce the risk of heart disease.

