



# YOGURT LIGHT & FIT STRAWBERRY/BLUEBERRY/PEACH 1330

YGR T L&F STR/BLU/PCH 1330



Product Last Saved Date:08 August 2016

## Nutrition Facts

Serving Size: 150 GR

Number of Servings per Package: 24

### Amount Per Serving

Calories: 70      Calories from Fat: 0

### % Daily Value\*

<b>Total Fat</b>	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
<b>Cholesterol</b>	4.9 mg	1%
<b>Sodium</b>	75 mg	3%
<b>Total Carbohydrate</b>	13 g	14%
Dietary Fiber	0 g	0%
Sugars	8 g	
<b>Protein</b>	5 g	

<b>Vitamin A</b>	Per Srv	10%	<b>Vitamin C</b>	Per Srv	0%
<b>Calcium</b>	15%		<b>Iron</b>	0%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protein	4
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## Product Specifications:

Code	GTIN	Pack	Pack Description
1330	20036632013303	24 X 5.3 ONZ	

Brand	Brand Owner	GPC Description
LIGHT & FIT	The Dannon Company, Inc.	Yogurt/Yogurt Substitutes (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.55 LBR	7.95 LBR	USA	Yes	No

## Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.375 INH	6.688 INH	5.688 INH	0.3385 FTQ	18x11	25 Days	38 FAH / 45 FAH

## Ingredients :

STRAWBERRY: CULTURED GRADE A NON FAT MILK, STRAWBERRIES, WATER, MODIFIED FOOD STARCH, CANE SUGAR, CONTAINS LESS THAN 1% OF KOSHER GELATIN, VEGETABLE JUICE (FOR COLOR), NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, ACESULFAME POTASSIUM, MALIC ACID, SODIUM CITRATE, VITAMIN A PALMITATE, VITAMIN D3.

BLUEBERRY: CULTURED GRADE A NON FAT MILK, WATER, MODIFIED FOOD STARCH, CANE SUGAR, BLUEBERRIES, CONTAINS LESS THAN 1% OF KOSHER GELATIN, FRUIT JUICE AND VEGETABLE JUICE (FOR COLOR), NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, MALIC ACID, ACESULFAME POTASSIUM, VITAMIN A PALMITATE, VITAMIN D3, SODIUM CITRATE.

PEACH: CULTURED GRADE A NON FAT MILK, WATER, MODIFIED FOOD STARCH, PEACHES, CANE SUGAR, CONTAINS LESS THAN 1% OF KOSHER GELATIN, NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, ANNATTO EXTRACT (FOR COLOR), MALIC ACID, ACESULFAME POTASSIUM, VITAMIN A PALMITATE, VITAMIN D3, SODIUM CITRATE.

## Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

## Handling Suggestions :

This product is an individual plastic cup with a foil lid. Each cup is marked with an individual UPC code that can be scanned. It must be stored in refrigeration. Product should be stored in an upright position.

## Benefits :

Light & Fit yogurt is made from milk that has less than .5% milkfat. Individual serve products provide a healthy meal/snack alternative with grab'n'go convenience. Excellent source of calcium. Lower calories than other leading brands of yogurt.

## Serving Suggestions :

This product can be served on a breakfast buffet or served in a dish as part of a healthy meal.

## Prep & Cooking Suggestions :

This product can be consumed directly from the container. No preparation required. It should be stored in refrigeration up until the time of consumption.

## More Information :

Dannon's website is [www.dannonfoodservice.com](http://www.dannonfoodservice.com). Urgent/Product Quality Feedback- If your reason for contacting us needs immediate attention, or if you have a product quality concern, please feel free to contact us by phone: 1-877-DANNONUS (1-877-326-6668)