



YOGURT LIGHT & FIT STRAWBERRY 5.3oz

YGRT L&F STRAWBERRY 1306



Product Last Saved Date:11 July 2016

Nutrition Facts

Serving Size: 150 GR

Number of Servings per Package: 12

Amount Per Serving

Calories: 70 Calories from Fat: 0

% Daily Value*

Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	5 mg	1%
Sodium	75 mg	3%
Total Carbohydrate	13 g	4%
Dietary Fiber	0 g	0%
Sugars	8 g	
Protein	5 g	

Vitamin A	Per Srv	10%	Vitamin C	Per Srv	0%
Calcium	15%		Iron	0%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protein	4
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Product Specifications:

Code	GTIN	Pack	Pack Description
1306	20036632013068	12 X 5.3 ONZ	

Brand	Brand Owner	GPC Description
LIGHT & FIT	The Dannon Company, Inc.	Yogurt/Yogurt Substitutes (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.37 LBR	3.97 LBR	USA	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.375 INH	6.688 INH	3.063 INH	0.1823 FTQ	18x21	25 None	38 FAH / 45 FAH

Ingredients :

CULTURED GRADE A NON FAT MILK, STRAWBERRIES, WATER, MODIFIED FOOD STARCH, CANE SUGAR, CONTAINS LESS THAN 1% OF KOSHER GELATIN, VEGETABLE JUICE (FOR COLOR), NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, ACESULFAME POTASSIUM, MALIC ACID, SODIUM CITRATE, VITAMIN A PALMITATE, VITAMIN D3.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

This product is an individual plastic cup with a foil lid. Each cup is marked with an individual UPC code that can be scanned. It must be stored in refrigeration. Product should be stored in an upright position.

Benefits :

Dannon® Light & Fit® is a great choice for customers who want to manage their weight and feel great.

Serving Suggestions :

This product can be consumed on it's own, or as a part of a healthy meal or snack. Typical foodservice applications include use in lodging on buffets or an ala carte meal component, healthcare for patient feeding, K-12 Schools for secondary education.

Prep & Cooking Suggestions :

This product can be consumed directly from the container. No preparation required. It should be stored in refrigeration up until the time of consumption.

More Information :

Dannon's website is www.dannonfoodservice.com. Urgent/Product Quality Feedback- If your reason for contacting us needs immediate attention, or if you have a product quality concern, please feel free to contact us by phone: 1-877-DANNONUS (1-877-326-6668)