

Muffins, WG, Apple Cinnamon, RF, IW (#1203)

I, Michael Byrd, President, certify that the following nutritional is true and correct.

Michael K Byrd

Date: August 30, 2017



General Specifications

Pack: 96/2 oz
Kosher: KVH-D
Shelf Life: 5 days at ambient. 365 days frozen.
Status: Available



SCHOOL SPECIFICATIONS

USDA Smart Snack: Yes
Nutritional Ratio: 28-3-23
OZ Grain Equivalents: 1.0
Whole Grain: 8.6g, 51%
Enriched Flour: 8.2g
Combined Flour 16.8g

INGREDIENTS

Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Wheat Flour [Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Sugar, Water, Filling (Apples, Sugar, Water, Modified Corn Starch, Salt, Potassium Sorbate, Cinnamon, Nutmeg), Eggs, Canola Oil, Modified Food Starch, Leavening (Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Milk Whey, Soy Flour, Salt, Wheat Gluten, Emulsifiers (Propylene Glycol Monostearates, Monoglycerides, Sodium Stearoyl Lactylate), Invert Sugar, Egg Extender (Wheat Flour, Egg Yolk, Egg Solids, Soybean Oil, Guar Gums, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Turmeric Oleoresin, Enzymes), Soy Lecithin, Cinnamon, N&A Flavor, Softener (Fruit Juice Powder, Grain Dextrin, Vegetable Fiber).

ALLERGENS

Contains egg, milk, soy, and wheat ingredients. This product is produced in a nut-free facility.

Instructions

PREPARATION

Thaw desired amount from freezer for approximately two hours, or place in microwave for approximately 30 seconds on high power. Remove all packaging from product before placing in any heating device.

Nutrition Facts

Serving Size 2.0 oz (57g)

Amount Per Serving % Daily Value

Calories 160

Calories from Fat 45

Total Fat 5g 8%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 25mg 8%

Sodium 130mg 5%

Total Carb 26g 9%

Dietary Fiber 1g 4%

Sugars 13g

Protein 2g 4%

Vitamin A 0%

Vitamin C 0%

Calcium 2%

Iron 4%

Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

