

NEW Cheerios®



General Mills Product Code: 32262000

Whole Grain Oats - First Ingredient. Puffed, toasted, whole grain oat cereal in ring-shaped pieces. Provides 12 vitamins and minerals, including iron and zinc, and one gram of sugar per bowlpak. Contains no artificial flavors. 1 oz eq grain

Key Features **UPC:** **Allergens**
 Whole Grain Data not available
 016000322622
GTIN: 10016000322629
Unit Size: 1 OZ
Case Count: 96

Nutrition Facts		Ingredients
Serving Size: 1 Bowl (28g) (1 Cup)		Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate, Wheat Starch, Vitamin E (mixed tocopherols) Added to Preserve Freshness, Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (elemental iron), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.
Amount Per Serving	As Packaged	
Calories	100	
Calories From Fat	15	
	% Daily Value*	
Total Fat 2g	3%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 140mg	6%	
Potassium 170mg	5%	
Total Carbohydrate 20g	7%	
Dietary Fiber 3g	11%	
Sugars 1g		
Protein 3g		
Vitamin A	10%	
Vitamin C	10%	
Calcium	10%	
Iron	45%	
Vitamin D	10%	
Thiamin	25%	
Riboflavin	25%	
Niacin	25%	
Vitamin B6	25%	
Folic Acid	50%	
Vitamin B12	25%	
Phosphorus	10%	
Magnesium	10%	
Zinc	25%	

Kosher: K D

* Percent Daily Value (DV) are based on a 2,000 calorie diet
 * - Not a significant nutrient source

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

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