

NEW Chex® - Rice



General Mills Product Code: 31921000

Rice and Whole Grain Rice - First Ingredient. Whole grain, oven toasted rice cereal. Provides 12 vitamins and minerals per 30g serving. 1 oz eq grain.

Key Features	UPC:	Allergens
Gluten Free		Data not available
016000319219		
GTIN: 10016000319216		
Unit Size: 1 OZ		
Case Count: 96		

Nutrition Facts		Ingredients
Serving Size: 1 Bowl (28g) (1 Cup)		Whole Grain Rice, Rice, Sugar, Salt, Molasses, Vitamin E (mixed tocopherols) and BHT Added to Preserve Freshness, Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.
Amount Per Serving	As Packaged	
Calories	100	
Calories From Fat	5	
	% Daily Value*	
Total Fat 0.5g	1%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 250mg	11%	
Potassium 50mg	1%	
Total Carbohydrate 24g	8%	
Dietary Fiber 1g	4%	
Sugars 2g		
Protein 2g		
Vitamin A	10%	
Vitamin C	10%	
Calcium	10%	
Iron	50%	
Vitamin D	10%	
Thiamin	25%	
Riboflavin	25%	
Niacin	25%	
Vitamin B6	25%	
Folic Acid	50%	
Vitamin B12	25%	
Zinc	25%	

Kosher: K D

* Percent Daily Value (DV) are based on a 2,000 calorie diet
 - Not a significant nutrient source
 * Nutritional information is subject to change. See product label to verify ingredients and allergens.

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