

Frosted Corn Flakes®



General Mills Product Code: 11768000

Meets K-12 1 Ounce Equivalent Grain. Great tasting frosted corn flake. Sweetened Flakes of Corn. 1 oz eq grain

Key Features	UPC:	Allergens
Not Available		May contain wheat ingredients
016000117686		
GTIN: 10016000117683		
Unit Size: 1 OZ		
Case Count: 96		

Nutrition Facts		Ingredients
Serving Size: 1 Bowl (28g) (3/4 Cup)		Whole Grain Corn, Corn Meal, Sugar, Corn Starch, Salt, Corn Syrup, Brown Sugar Syrup, Malt Syrup, Color Added, Trisodium Phosphate, Distilled Monoglycerides, Sodium Citrate, Natural and Artificial Flavor, Vitamin E (mixed tocopherols) and BHT Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.
Amount Per Serving	As Packaged	
Calories	100	
Calories From Fat	5	
	% Daily Value*	
Total Fat 0.5g	1%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 190mg	8%	
Potassium 40mg	1%	
Total Carbohydrate 24g	8%	
Dietary Fiber 1g	4%	
Sugars 8g		
Protein 1g		
Vitamin A	10%	
Vitamin C	8%	
Calcium	15%	
Iron	35%	
Vitamin D	10%	
Thiamin	20%	
Riboflavin	20%	
Niacin	20%	
Vitamin B6	20%	
Folic Acid	35%	
Vitamin B12	20%	
Zinc	15%	

Kosher: K D

* Percent Daily Value (DV) are based on a 2,000 calorie diet
 - Not a significant nutrient source
 * Nutritional information is subject to change. See product label to verify ingredients and allergens.

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