

Kellogg's Frosted Flakes® Multigrain Reduced Sugar

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Product Type Bowl Pack	Allergen Information CONTAINS WHEAT INGREDIENTS. CORN USED IN THIS PRODUCT MAY CONTAIN TRACES OF SOYBEANS.
Product Category Kellogg's Ready to Eat Cereal	Dietary Exchange Per Serving 1 1/2 Carbohydrates
UPC Code 3800054998	Kosher Status 1 1/2 Carbohydrates
Servings/Case 96 ct	Bread/Grain Equivalents 1.0
Format Single Serve Bowl	Shelf Life 365 days (12 months)
Net Weight 8.77	Country of Origin Distributed in USA
Sizes 1.0 oz	

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Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 1 Container (28g)	Total Fat 0g	0%	Cholest. 0mg	0%	Dietary Fiber 2g	10%
Calories 100	Sat. Fat 0g	0%	Sodium 160mg	7%	Sugars 7g	
Calories from Fat 0	<i>Trans</i> Fat 0g		Total Carb. 24g	8%	Protein 2g	
* Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin A 15%	•	Vitamin C 35%	•	Calcium 0%	•
	Vitamin D 10%	•	Thiamin 35%	•	Riboflavin 35%	•
	Vitamin B ₆ 35%	•	Folic Acid 35%	•	Vitamin B ₁₂ 35%	
INGREDIENTS: WHOLE GRAIN WHEAT, RICE, SUGAR, MILLED CORN, WHEAT BRAN, CONTAINS 2% OR LESS OF SOLUBLE WHEAT FIBER, SALT, MALT FLAVOR.						
VITAMINS AND MINERALS: VITAMIN C (ASCORBIC ACID), REDUCED IRON, NIACINAMIDE, VITAMIN B ₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B ₂ (RIBOFLAVIN), VITAMIN B ₁ (THIAMIN HYDROCHLORIDE), VITAMIN A PALMITATE, FOLIC ACID, VITAMIN D, VITAMIN B ₁₂ .						
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†Reduced Sugar <i>Kellogg's</i> Frosted Flakes® Multigrain contains 7 grams sugar per 28 gram serving; Original <i>Kellogg's</i> Frosted Flakes® contains 10 grams sugar per 28 gram serving. While this does not result in less calories or carbohydrates, now consumers can reduce added sugars in their diets without sacrificing the taste they want. For complete nutrition profiles of our cereals, check the nutrition information provided on every box or visit us at www.kelloggs.com						

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