



Fruity Cheerios® Cereal Bar



Cereal - First Ingredient. A chewy cereal bar made with Fruity Cheerios pieces. 150 calories. 1 oz equivalent grain

ALLERGENS: CONTAINS WHEAT AND SOY INGREDIENTS

UNIT SIZE: 1.42 OZ
CASE COUNT: 96

PRODUCT CODE: 31912000
UPC: 016000319127
GTIN: 10016000319124

Nutrition Facts

Serving Size:	1 Bar (40g)	
Amount Per Serving:	As Packaged	
Calories	150	
Calories From Fat	30	
		% Daily Value*
Total Fat	3g	5%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	105mg	4%
Total Carbohydrate	30g	10%
Dietary Fiber	3g	12%
Sugars	9g	
Protein	2g	
Vitamin A	2%	
Vitamin C	8%	
Calcium	20%	
Iron	10%	
Vitamin D	2%	
Thiamin	8%	
Riboflavin	8%	
Niacin	6%	
Vitamin B6	8%	
Folic Acid	10%	
Vitamin B12	6%	
Zinc	6%	

* Percent Daily Value (DV) are based on a 2,000 calorie diet

* - Not a significant nutrient source

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

*Do not eat raw dough or batter.

Ingredients

Whole Grain Oats, Cereal (whole grain corn, sugar, whole grain oats, corn syrup, canola oil, calcium carbonate, pear puree concentrate, salt, color [vegetable juice, fruit juice, and annatto extract], corn bran, trisodium phosphate, Vitamin C [sodium ascorbate], natural flavor, zinc and iron [mineral nutrients], sodium citrate, citric acid, A B Vitamin [niacinamide], Vitamin B6 [pyridoxinehydrochloride], Vitamin B2 [riboflavin], Vitamin B1 [thiamin mononitrate], Vitamin A [palmitate], A B Vitamin [folic acid], Vitamin B12, Vitamin D3, Vitamin E [mixed tocopherols] and ascorbic acid added to preserve freshness, Corn Syrup, Fructose, Sugar, Rice Bran And/or Canola Oil, Chicory Root Extract, Whole Wheat Flour, Maltodextrin, Brown Rice Flour. Contains 2% or less of: Glycerin, Calcium Carbonate, Corn Flour, Whole Oat Flour, Wheat Starch, Salt, Gelatin, Baking Soda, Color (red 40, yellow 5), Natural and Artificial Flavor, Soy Lecithin. BHT Added to Retain Freshness.

Preparation Instructions:

1. Ready to eat cereal bars

Package Information

NET WEIGHT: N/A
VOLUME: .807 CF
HEIGHT: 6.37 IN
LENGTH: 17.87 IN
WIDTH: 12.25 IN
CASE SIZE: .807 CF

KEY FEATURES:

- No Artificial Flavors
- No Colors from Artificial Sources
- No High Fructose Corn Syrup
- No Gelatin

* Nutritional information is subject to change. See product label to verify ingredients and allergens.