



Golden Grahams™ Bowlpak Cereal

Whole Grain Wheat- First ingredient. Whole grain graham cereal in rectangular, ridged pieces. No High Fructose Corn Syrup. No Colors From Artificial Sources, & No Artificial Flavors. Whole Grain. 1 oz Eq. Grain.
ALLERGENS: CONTAINS WHEAT INGREDIENTS

UNIT SIZE: 1 OZ
CASE COUNT: 96

PRODUCT CODE: 11943000
UPC: 016000119437
GTIN: 10016000119434

Nutrition Facts

Serving Size:	1 Bowl (28g)		
Amount Per Serving:	As Packaged		
Calories	100		
Calories From Fat	10		
		% Daily Value*	
Total Fat	1g		1%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	220mg		9%
Potassium	60mg		2%
Total Carbohydrate	24g		8%
Dietary Fiber	1g		6%
Sugars	8g		
Protein	1g		
Vitamin A	8%		
Vitamin C	8%		
Calcium	8%		
Iron	20%		
Vitamin D	8%		
Thiamin	20%		
Riboflavin	20%		
Niacin	20%		
Vitamin B6	20%		
Folic Acid	20%		
Vitamin B12	20%		
Zinc	20%		

* Percent Daily Value (DV) are based on a 2,000 calorie diet
 * - Not a significant nutrient source
 * Nutritional information is subject to change. See product label to verify ingredients and allergens.
 *Do not eat raw dough or batter.
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Ingredients

Whole Grain Wheat, Corn Meal, Sugar, Brown Sugar Syrup, Canola Oil, Dextrose, Baking Soda, Salt, Natural Flavor. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.



Kosher:

Preparation Instructions:

1. Ready to eat dry cereal in a portable, easy-to-serve bowl

Package Information

NET WEIGHT: N/A
 VOLUME: 1.779 CF
 HEIGHT: 14.12 IN
 LENGTH: 16.75 IN
 WIDTH: 13 IN
 CASE SIZE: 1.779 CF

KEY FEATURES:

- Whole Grain
- 1 oz. Eq. Grain
- No Artificial Flavors
- No High Fructose Corn Syrup