

Kellogg's® Eggo® Minis Blueberry pancakes

Blueberry flavored pancakes.

Product Type
Waffles

Product Category
Eggo® Pancakes

UPC Code
3800092560

Servings/Case
72 ct

Format
Bulk

Net Weight
16.735

Sizes
3.03 oz

Allergen Information
CONTAINS WHEAT, MILK, EGG
AND SOY INGREDIENTS.

Dietary Exchange Per Serving
2 Carbohydrates, 1 Fat

Kosher Status
2 Carbohydrates, 1 Fat

Bread/Grain Equivalents
2.0

Shelf Life
365 days (12 months)

Country of Origin
Distributed in USA



Date Printed: 09/10/2013

**Kellogg's®
Eggo® Minis Pancakes
Blueberry**

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1 Pouch (86g)		Calories	2,000 2,500
Amount Per Serving		Total Fat	Less than 65g 80g
Calories 210	Calories from Fat 60	Sat. Fat	Less than 20g 25g
% Daily Value*		Cholesterol	Less than 300mg 300mg
Total Fat 6g	9%	Sodium	Less than 2,400mg 2,400mg
Saturated Fat 1g	5%	Potassium	3,500mg 3,500mg
Trans Fat 0g		Total Carbohydrate	300g 375g
Cholesterol 10mg	3%	Dietary Fiber	25g 30g
Sodium 310mg	13%	Ingredients: Whole wheat flour, water, sugar, vegetable oil (soybean, palm, palm kernel, and/or canola oil), buttermilk, eggs, contains 2% or less of leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), fructose, salt, rice flour, corn cereal, natural and artificial flavors, yellow corn flour, cornstarch, soy lecithin, corn syrup solids, blue 2, red 40.	
Potassium 150mg	4%	Vitamins and Minerals: Vitamin A palmitate, reduced iron, niacinamide, vitamin B ₁₂ , vitamin B ₆ (pyridoxine hydrochloride), vitamin B ₁ (thiamin hydrochloride), vitamin B ₂ (riboflavin).	
Total Carbohydrate 35g	12%	CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.	
Dietary Fiber 4g	14%		
Sugars 11g			
Protein 4g			
Vitamin A 10%	• Vitamin C 0%		
Calcium 6%	• Iron 15%		
Thiamin 10%	• Riboflavin 10%		
Niacin 10%	• Vitamin B ₆ 10%		
Vitamin B ₁₂ 10%	• Phosphorus 25%		

NLI#09659