

Kellogg's® Eggo® Minis Maple pancakes

Maple flavored mini pancakes.

Product Type
Waffles

Product Category
Eggo® Pancakes

UPC Code
3800092562

Servings/Case
72 ct

Format
Bulk

Net Weight
16.735

Sizes
3.03 oz

Allergen Information
CONTAINS WHEAT, MILK, EGG
AND SOY INGREDIENTS.

Dietary Exchange Per Serving
2 Carbohydrates, 1 Fat

Kosher Status
2 Carbohydrates, 1 Fat

Bread/Grain Equivalents
2.0

Shelf Life
365 days (12 months)

Country of Origin
Distributed in USA



Date Printed: 09/10/2013

Kellogg's®
Eggo® Minis Pancakes
Maple

Nutrition Facts

Serving Size 1 Pouch (86g)

Amount Per Serving

Calories 210 **Calories from Fat 50**

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 320mg **13%**

Potassium 150mg **4%**

Total Carbohydrate 35g **12%**

Dietary Fiber 4g **14%**

Sugars 11g

Protein 4g

Vitamin A 10% • Vitamin C 0%

Calcium 6% • Iron 15%

Thiamin 10% • Riboflavin 10%

Niacin 10% • Vitamin B₆ 10%

Vitamin B₁₂ 10% • Phosphorus 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Whole wheat flour, water, sugar, vegetable oil (soybean, palm, palm kernel, and/or canola oil), buttermilk, eggs, contains 2% or less of leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), fructose, salt, corn cereal, rice flour, yellow corn flour, cornstarch, natural and artificial flavors, corn syrup, caramel color, malt extract, corn syrup solids, soy lecithin.
Vitamins and Minerals: Vitamin A palmitate, reduced iron, niacinamide, vitamin B₁₂, vitamin B₆ (pyridoxine hydrochloride), vitamin B₁ (thiamin hydrochloride), vitamin B₂ (riboflavin).

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NLI#09660