

Kellogg's® Eggo® Minis Maple Waffles

Maple flavored waffles.

Product Type
Waffles

Product Category
Eggo® Waffles

UPC Code
3800092315

Servings/Case
72 ct

Format
Bulk

Net Weight
14.98

Sizes
2.65 oz

Allergen Information
CONTAINS WHEAT, EGG, SOY
AND MILK INGREDIENTS.

Dietary Exchange Per Serving
2 Carbohydrates, 1 Fat

Kosher Status
2 Carbohydrates, 1 Fat

Bread/Grain Equivalents
2.0

Shelf Life
365 days (12 months)

Country of Origin



Date Printed: 09/10/2013

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Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1 Pouch (75g)		Calories	2,000 2,500
Amount Per Serving		Total Fat	Less than 65g 80g
Calories 200	Calories from Fat 45	Sat. Fat	Less than 20g 25g
% Daily Value*		Cholesterol	Less than 300mg 300mg
Total Fat 5g	8%	Sodium	Less than 2,400mg 2,400mg
Saturated Fat 1.5g	8%	Potassium	3,500mg 3,500mg
Trans Fat 0g		Total Carbohydrate	300g 375g
Cholesterol 0mg	0%	Dietary Fiber	25g 30g
Sodium 220mg	9%	Ingredients: Whole wheat flour, water, sugar, egg whites, vegetable oil (soybean, palm, and/or canola oil), contains 2% or less of leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), molasses, soy lecithin, maltodextrin, natural flavors, whey, salt, modified corn starch.	
Potassium 160mg	5%	Vitamins and Minerals: Calcium carbonate, vitamin A palmitate, reduced iron, niacinamide, vitamin B ₁₂ , vitamin B ₆ (pyridoxine hydrochloride), vitamin B ₁ (thiamin hydrochloride), vitamin B ₂ (riboflavin).	
Total Carbohydrate 35g	12%	CONTAINS WHEAT, EGG, SOY AND MILK INGREDIENTS.	
Dietary Fiber 4g	14%		
Sugars 10g			
Protein 4g			
Vitamin A 10%	• Vitamin C 0%		
Calcium 10%	• Iron 15%		
Thiamin 10%	• Riboflavin 10%		
Niacin 10%	• Vitamin B ₆ 10%		
Vitamin B ₁₂ 10%	• Phosphorus 25%		

NLI#09630