



Multigrain Cheerios™ Bowlpak Cereal

Five Whole Grains Lightly Sweetened Cereal. Whole Grain Oats and Whole Grain Corn are First Two Ingredients. Provides 11 vitamins and minerals per 28g serving. 1 oz. EQ. Grain. No Artificial Colors & No Artificial Flavors.

UNIT SIZE: 1 OZ
CASE COUNT: 96

PRODUCT CODE: 32263000
UPC: 016000322639
GTIN: 10016000322636

Nutrition Facts

Serving Size:	1 Bowl (28g)	
Amount Per Serving:	As Packaged	
Calories	100	
Calories From Fat	10	
		% Daily Value*
Total Fat	1g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	110mg	5%
Potassium	115mg	3%
Total Carbohydrate	23g	8%
Dietary Fiber	3g	10%
Sugars	6g	
Protein	2g	
Vitamin A	10%	
Vitamin C	8%	
Calcium	8%	
Iron	90%	
Vitamin D	8%	
Thiamin	100%	
Riboflavin	100%	
Niacin	90%	
Vitamin B6	100%	
Folic Acid	90%	
Vitamin B12	90%	
Phosphorus	8%	
Magnesium	4%	
Zinc	90%	
Pantothenic Acid	90%	

* Percent Daily Value (DV) are based on a 2,000 calorie diet

* - Not a significant nutrient source

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

*Do not eat raw dough or batter.

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Ingredients

Whole Grain Oats, Whole Grain Corn, Sugar, Corn Starch, Corn Bran, Whole Grain Rice, Whole Grain Sorghum, Whole Grain Millet, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Color (caramel color and annatto extract), Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), A B Vitamin (niacinamide), A B Vitamin (calcium pantothenate), Vitamin C (sodium ascorbate), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin A (palmitate), Vitamin B12, Vitamin D3.



Kosher:

Package Information

NET WEIGHT: N/A
VOLUME: 2.346 CF
HEIGHT: 18.62 IN
LENGTH: 16.75 IN
WIDTH: 13 IN
CASE SIZE: 2.346 CF

KEY FEATURES:

- Gluten-Free