

Product Name	Raisin Bran Cereal
Flavor Descriptor	
NLI Description	Vend Bowl
Brand	KELLOGG'S



Date Created	04-04-16
NLI #	12460
Kosher Status	K
Product of	U.S.A.

USDA Ounce Equivalents of Grain per Serving	1.25			
USDA Ounce Equivalents of Meat/Meat Alternate				
	Carbohydrates	Fat	Protein	Free
Diet Exchange	2			
Whole Grains (g/serving)	16			

Serving Size	1 Container			
Serving Size g	35			
Serving Size oz				
Amount Per Serving	Cereal			
Calories	110			
Calories from Fat	5			
		% Daily Value*		% Daily Value*
Total Fat	0.5 g	1 %		
Saturated Fat	0 g	0 %		
Trans Fat	0 g			
Polyunsaturated Fat				
Monounsaturated Fat				
Cholesterol	0 mg	0 %		
Sodium	125 mg	5 %		
Potassium	230 mg	7 %		
Total Carbohydrate	27 g	9 %		
Dietary Fiber	4 g	17 %		
Soluble Fiber				
Insoluble Fiber				
Sugars	10 g			
Sugar Alcohol				
Other Carbohydrate				
Protein	3 g			
Vitamin A		6 %		
Vitamin C		0 %		
Calcium		0 %		
Iron		15 %		
Vitamin D		6 %		
Vitamin E				
Vitamin K				
Thiamin		15 %		
Riboflavin		15 %		
Niacin		15 %		
Vitamin B6		15 %		
Folic Acid		15 %		
Vitamin B12		15 %		
Biotin				
Pantothenic Acid				
Phosphorus		10 %		
Iodine				
Magnesium		10 %		
Zinc		6 %		
Selenium				
Copper				
Manganese				
Chromium				
Molybdenum				

Ingredients:
INGREDIENTS: WHOLE GRAIN WHEAT, RAISINS, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP, CONTAINS 2% OR LESS OF SALT, MALT FLAVOR.
VITAMINS AND MINERALS: POTASSIUM CHLORIDE, NIACINAMIDE, REDUCED IRON, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), ZINC OXIDE, VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN A PALMITATE, FOLIC ACID, VITAMIN D, VITAMIN B12.

ALLERGEN INFORMATION:
CONTAINS WHEAT INGREDIENTS.

Other Required Statements:

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500	Print value if "Y"
Total Fat	Less than	65g	80g	Y
Sat. Fat	Less than	20g	25g	Y
Cholesterol	Less than	300mg	300mg	Y
Sodium	Less than	2,400mg	2,400mg	Y
Potassium		3,500mg	3,500mg	Y
Total Carbohydrate		300g	375g	Y
Dietary Fiber		25g	30g	Y
Protein		50g	65g	

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Product information can change at any time.
 Always refer to product package for current nutrition and ingredient information.

Julia M. Jursinic, MS
 Sr. Director, Nutrition Labeling & Regulatory Compliance
 Kellogg Company

Nutrient Contents Per 100g			
Calories	318	Vitamin A	910 IU
Calories from fat	17	Vitamin C	1 mg
Total Fat	1.9 g	Calcium	39 mg
Saturated Fat	0.4 g	Iron	8 mg
Monounsaturated Fat	0.3 g	Vitamin D	73 IU
Polyunsaturated Fat	0.8 g	Vitamin E	0 IU
Trans Fat	0.0 g	Thiamin	1 mg
Cholesterol	0 mg	Riboflavin	1 mg
Sodium	357 mg	Niacin	9 mg
Potassium	653 mg	Vitamin B6	1 mg
Total Carbohydrate	78.3 g	Folic Acid	169 mcg
Dietary Fiber	12.0 g	Vitamin B12	3 mcg
Soluble Fiber	1.4 g	Pantothenic Acid	NA mg
Insoluble Fiber	10.7 g	Phosphorus	371 mg
Sugars	29.7 g	Magnesium	142 mg
Sugar Alcohols	NA g	Zinc	3 mg
Protein	7.7 g	Copper	NA mg
NA = Database values		Manganese	NA mg
		Selenium	NA mcg
		Moisture	10 %
		Ash	2 %

NA = values do not exist or are incomplete.

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container
000 38000 00896 2	Case		96