



## Team Cheerios® Cereal Bar

Cereal - First Ingredient. A chewy cereal bar made with Cheerios® pieces and naturally strawberry flavored pieces. 150 calories. 1 oz equivalent grain

**ALLERGENS:** CONTAINS WHEAT AND SOY INGREDIENTS

**UNIT SIZE:** 1.42 OZ  
**CASE COUNT:** 96

**PRODUCT CODE:** 31914000  
**UPC:** 016000319141  
**GTIN:** 10016000319148

### Nutrition Facts

Serving Size:	1 Bar (40g)	
Amount Per Serving:	As Packaged	
<b>Calories</b>	150	
Calories From Fat	30	
		<b>% Daily Value*</b>
<b>Total Fat</b>	3.5g	5%
Saturated Fat	0.5g	2%
Trans Fat	0g	
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	85mg	4%
<b>Total Carbohydrate</b>	30g	10%
Dietary Fiber	3g	13%
Sugars	9g	
<b>Protein</b>	2g	
Vitamin A	2%	
Vitamin C	2%	
Calcium	20%	
Iron	25%	
Vitamin D	2%	
Thiamin	30%	
Riboflavin	25%	
Niacin	20%	
Vitamin B6	25%	
Folic Acid	20%	
Vitamin B12	20%	
Zinc	25%	
Pantothenic Acid	20%	

\* Percent Daily Value (DV) are based on a 2,000 calorie diet

\* - Not a significant nutrient source

\* Nutritional information is subject to change. See product label to verify ingredients and allergens.

\*Do not eat raw dough or batter.

### Ingredients

Whole Grain Oats, Cereal (whole grain oats, whole grain corn, sugar, corn starch, corn bran, whole grain rice, whole grain millet, whole sorghum, brown sugar syrup, salt, tripotassium phosphate, color [caramel color, annatto extract], vitamin E [mixed tocopherols] added to retain freshness, Vitamins and Minerals: calcium carbonate, zinc and iron [mineral nutrients], A B vitamin [niacinamide], A B vitamin [calcium pantothenate], vitamin C [sodium ascorbate], vitamin B6 [pyridoxine hydrochloride], vitamin B2 [riboflavin], vitamin B1 [thiamin mononitrate], A B vitamin [folic acid], vitamin A [palmitate], vitamin B12, vitamin D3), Corn Syrup, Fructose, Canola Oil, Sugar, Sweetened Cranberries (sugar, cranberries), Chicory Root Extract, Whole Wheat Flour, Maltodextrin, Whole Grain Rice. Contains 2% or less of: Vegetable Glycerin, Calcium Carbonate, Corn Flour, Wheat Starch, Salt, Whole Grain Corn, Vegetable Juice Color, Baking Soda, Natural Flavor, Soy Lecithin.

### Preparation Instructions:

1. Ready to eat cereal bars Ready to eat cereal bars

### Package Information

NET WEIGHT: N/A  
VOLUME: .807 CF  
HEIGHT: 6.37 IN  
LENGTH: 17.87 IN  
WIDTH: 12.25 IN  
CASE SIZE: .807 CF

### KEY FEATURES:

- No Artificial Flavors
- No Colors from Artificial Sources
- No High Fructose Corn Syrup
- No Gelatin

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