

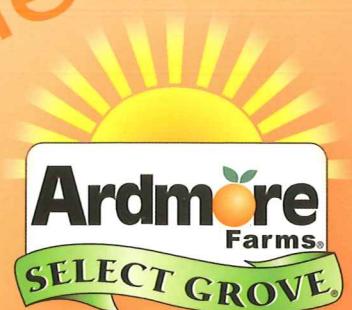


the Juicy Facts on Ardmore Farms® Cups

An economical way to get the delicious taste of Ardmore Farms® fruit juices.

- Convenient and ready to drink.
- Single serve and pre-measured.
- Available in 3oz, 4oz and 6oz portions:
 - 3oz/120 per case
 - 4oz/96 per case
 - 6oz/48 per case
- Extensive variety of flavors of fruit juices, fruit drinks and nectars

All the juicy details.



No matter what business you're in, Country Pure Foods has a fresh and innovative way to serve juice to it.

To learn more about how to make Country Pure Foods your full-service juice supplier, contact your sales representative.



Country Pure Foods
1-877-99-JUICE
www.juice4u.com

Ardmore Farms® Select Grove® Cup Nutritionals

% Daily Values (based on a 2,000 calorie diet)

SKU	FLAVORS	PACK SIZE	SERVING SIZE	SERVINGS/CONTAINER	CALORIES	CALORIES FROM FAT	KOSHER	TOTAL CARBOHYDRATES								VITAMIN A	VITAMIN C	CALCIUM	IRON	THIAMIN	RIBOFLAVIN	NIACIN	FOLATE	PHOSPHORUS	MAGNESIUM	
								TOTAL FAT	SODIUM	POTASSIUM	SUGARS	DIETARY FIBER	PROTEIN	%	%											%
3oz Cups								gmg	mg	g	g	g	g	%	%	%	%	%	%	%	%	%	%	%	%	%
41550	100% Orange	120	3oz	1	40	0	YES	0	10	140	10	9	0	0	0	25	0	0	0	0	0	0	0			
41554	Natural Spring Water	120	3oz	1	0	0	YES	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
4oz Cups								gmg	mg	g	g	g	g	%	%	%	%	%	%	%	%	%	%	%		
41345	Diet Cranberry Cocktail	96	4oz	1	5	0	YES	0	20	0	2	2	0	0	0	0	0	0	0	0	0	0	0			
41351	Natural Spring Water	96	4oz	1	0	0	YES	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
41357	100% Apple Cherry	96	4oz	1	60	0	YES	0	15	0	14	13	0	0	0	0	0	0	0	0	0	0	0			
41359	Unsweetened Iced Tea	96	4oz	1	0	0	YES	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
41380	100% Orange	96	4oz	1	50	0	YES	0	15	190	13	11	0	1	0	50	0	0	2	0	0	0	0			
41381	100% Apple	96	4oz	1	60	0	YES	0	15	85	14	13	0	0	0	0	0	0	0	0	0	0	0			
41382	100% Grape	96	4oz	1	80	0	NO	0	15	10	18	18	0	1	0	0	0	0	0	0	0	0	0			
41383	15% Cranberry Cocktail	96	4oz	1	60	0	YES	0	15	20	15	15	0	0	0	0	0	0	0	0	0	0	0			
41385	100% Pineapple	96	4oz	1	60	0	YES	0	30	105	13	12	0	1	0	25	0	6	10	0	0	0	0			
41386	100% Prune	96	4oz	1	90	0	YES	0	20	350	23	22	0	1	0	8	0	8	0	6	4	0	4			
41387	100% Tomato	96	4oz	1	20	0	YES	0	220	190	4	3	0	1	10	25	0	6	10	2	4	0	2			
41388	35% Apricot Nectar	96	4oz	1	70	0	YES	0	15	140	18	17	0	0	35	0	0	2	0	0	0	0	0			
41389	100% Orange-Pineapple	96	4oz	1	60	0	YES	0	20	190	13	12	0	1	0	50	0	0	0	0	0	0	0			
41391	100% Fruit Juice Blend	96	4oz	1	60	0	NO	0	10	100	14	13	0	0	0	6	0	0	0	0	0	0	0			
41392	10% Fruit Punch Drink	96	4oz	1	60	0	YES	0	10	50	15	15	0	0	0	0	0	0	0	0	0	0	0			
41393	10% Lemonade	96	4oz	1	60	0	YES	0	15	0	14	14	0	0	0	0	0	0	0	0	0	0	0			
41396	40% Peach Nectar	96	4oz	1	70	0	YES	0	0	70	18	16	0	0	0	0	0	0	0	0	0	0	0			
41397	40% Pear Nectar	96	4oz	1	70	0	YES	0	10	50	17	17	0	0	0	0	0	0	0	0	0	0	0			
45500	100% Orange Juice Blend	96	4oz	1	60	0	YES	0	20	160	14	13	0	0	0	50	0	0	2	0	0	2	0			
6oz Cups								g	mg	mg	g	g	g	g	%	%	%	%	%	%	%	%	%	%		
41400	100% Orange	48	6oz	1	80	0	YES	0	20	290	20	17	0	1	0	70	0	0	4	0	0	0	0			
41403	100% Apple	48	6oz	1	80	0	YES	0	20	130	20	19	0	0	0	0	0	0	0	0	0	0	0			
41406	100% Grape	48	6oz	1	120	0	NO	0	20	15	28	27	0	1	0	0	0	0	0	0	0	0	0			
41407	15% Cranberry Cocktail	48	6oz	1	90	0	YES	0	0	35	23	23	0	0	0	0	0	0	0	0	0	0	0			
41408	10% Lemonade	48	6oz	1	90	0	YES	0	20	0	21	21	0	0	0	0	0	0	0	0	0	0	0			
41412	100% Prune	48	6oz	1	140	0	YES	0	25	530	34	32	0	1	0	15	2	10	2	8	8	0	4			
41415	Unsweetened Iced Tea	48	6oz	1	0	0	YES	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
41416	Sweetened Iced Tea	48	6oz	1	0	0	YES	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			

*Contact your Country Pure Foods representative for information about other sizes and flavors

Product Information

Description	Size	Pack	Case Weight	Case Dimensions	Case Cube	Block & Tier	Truckload Quantity
Cups	3oz	120	27.10	L17.75" x W12.25" x H8.25"	1.04	8x8=64cases	1536cases/24pallets
Cups	4oz	96	28.50	L17.75" x W12.25" x H8.25"	1.04	8x8=64cases	1408cases/22pallets
Cups	6oz	48	21.50	L17.75" x W12.25" x H6.13"	.77	8x10=80cases	1920cases/24pallets



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