McCAIN® CRISPY BAKEABLE SEASONED FRY
USDA School Lunch Meal Planning Nutrition Facts
MCX04717

NUTRITION FACTS

Serving Size 2.38 oz. (68g) **FROZEN ***

Amount per Serving
Calories 120 Calories from Fat 35

	% Daily Value*
Total Fat 4g	**6%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 2g	
Cholesterol 0mg	**0%**
Sodium 135mg	**6%**
Potassium 260mg	**7%**
Total Carbohydrate 20g	**7%**
Dietary Fiber 2g	**7%**
Sugars 0g	
Protein 1g	

Vitamin A	0%	Vitamin C	4%
Calcium	0%	Iron	2%

INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Annatto (color), Corn Starch - Modified, Corn Starch, Dextrin, Dextrose, Extractives of Capsicum, Extractives of Paprika (color), Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Paprika (color), Potassium Chloride, Potato Starch - Modified, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Spices, Tapioca Starch - Modified, Xanthan Gum.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)
Product: Potatoes, French Fries, frozen, Straight cut, Regular moisture, Ovenable (pg. 2-69)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	14.0	1/4 cup cooked vegetable	7.2

McCain Equivalent per Bag
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	33.60	1/2 cup cooked vegetable	2.98

McCain Equivalent per Case
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	201.60	1/2 cup cooked vegetable	0.50

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings per	Creditable Amount*
Potato, FF, Frozen, SC	2.28	X	14/16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yeild Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.38 oz of McCain batttered fries.

I certify that this information is true and correct.

1/2/2014
Date

Rachel Lange
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R&D