



MCCAIN® CRISPY BAKEABLE SEASONED SPIRALS 6X4 LBS
USDA School Lunch Meal Planning Nutrition Facts
1000004108

NUTRITION FACTS			
Serving Size 2.10 oz. (60g) FROZEN *			
Amount per Serving			
Calories 100	Calories from Fat 30		
% Daily Value*			
Total Fat 3g			5%
Saturated Fat 0g			0%
<i>Trans</i> Fat 0g			
Polyunsaturated Fat 1g			
Monounsaturated Fat 1.5g			
Cholesterol 0mg			0%
Sodium 150mg			6%
Potassium 210mg			6%
Total Carbohydrate 17g			6%
Dietary Fiber 1g			4%
Sugars 0g			
Protein 1g			
Vitamin A 0%	Vitamin C 4%		
Calcium 0%	Iron 0%		

INGREDIENTS: INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Annatto (color), Corn Starch, Corn Starch - Modified, Dextrin, Dextrose, Extractives of Capsicum, Extractives of Paprika (color), Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Paprika (color), Potassium Chloride, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Spices, Tapioca Starch - Modified, Xanthan Gum.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2013 Update)			
Product: Potatoes, French Fries, frozen, Curly (1/3-inch width) (pg. 2 - 48)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100
1 Pound	16.2	1/4 cup cooked vegetable	6.2

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
4 Pounds	30.43	1/2 cup cooked vegetable	3.29

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
24 Pounds (6 Bags per Case)	182.58	1/2 cup cooked vegetable	0.55

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, FF, frozen, curly	1.976 oz by weight	X	16.2/ 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

Nicole L. Bartz

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 Research and Development

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.10 oz of McCain battered fries.

6/15/2017
 Date

* This information is based off of actual Nutritional data research from 8/10/16 - CHG-39260151-0