

**McCain® HARVEST SPLENDOR™ SWEET POTATO DEEP GROOVE CRINKLE CUT FRENCH FRIES**  
**USDA School Lunch Meal Planning Nutrition Facts**  
**MCF04566**

<b>NUTRITION FACTS</b>			
Serving Size 2.15 oz. (61g) FROZEN *			
<b>Amount per Serving</b>			
Calories 110		Calories from Fat 40	
% Daily Value*			
<b>Total Fat</b> 4.5g			<b>7%</b>
Saturated Fat 0.5g			<b>3%</b>
<i>Trans</i> Fat 0g			
Polyunsaturated Fat 2g			
Monounsaturated Fat 2g			
<b>Cholesterol</b> 0mg			<b>0%</b>
<b>Sodium</b> 105mg			<b>4%</b>
<b>Potassium</b> 190mg			<b>5%</b>
<b>Total Carbohydrate</b> 17g			<b>6%</b>
Dietary Fiber 1g			<b>4%</b>
Sugars 5g			
<b>Protein</b> contains less than 1			
Vitamin A 40%	Vitamin C 8%		
Calcium 0%	Iron 0%		
<p>INGREDIENTS: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch - Modified, Potato Starch - Modified. Contains 2% or less of Dextrin, Extractives of Paprika and Turmeric (color), Fiber (Pea, Corn), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Molasses Powder (Refiners Syrup, Molasses), Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Sugar, Xanthan Gum.</p>			

<b>USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2013 Update)</b>			
Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, Includes USDA (Page 2-47)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100
1 Pound	16.2	1/4 cup cooked vegetable	6.2

<b>McCain Equivalent per Bag</b>			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
2.5 Pounds	18.42	1/2 cup cooked vegetable	5.43

<b>McCain Equivalent per Case</b>			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
15 Pounds (6 Bags per Case)	110.54	1/2 cup cooked vegetable	0.9

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potatoes, french fries, crinkle	1.98 oz by weight	X	16.2 / 16	2.000
<b>A. Total Creditable Amount</b>				<b>2.000</b>

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.


Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.  
 Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

\* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.15 oz of McCain sweet potato crinkle cut fries.

I certify that this information is true and correct.

3/1/2016  
Date

  
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 Research and Development