



USDA School Lunch Equivalent For: **Sweet Things® Mini Sweet Potato Tater Puffs® L0094**

Formed Product - Seasoned

Ingredient Statement:

Sweet Potatoes, Sugar, Corn Starch, High Oleic Canola Oil, Modified Food Starch (Corn, Tapioca, Potato), Rice Flour, Salt, Dextrin, Natural Flavor, Color (Turmeric, Oleoresin Paprika), Dextrose, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Food Allergens: None

Nutrition Facts	
Serving Size 3.35 oz. (95g)/about 10 pieces	
Amount Per Serving	
Calories 140	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Potassium 190mg	5%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	8%
Sugars 9g	
Protein 1g	
Vitamin A 60%	• Vitamin C 6%
Calcium 2%	• Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

USDA FOOD BUYING GUIDE FOR CHILD NUTRITION (March 2013 update)			
PRODUCT: (2016 additional yield information, pg. 2)			
USDA PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
1LB	10	1/4 cup cooked vegetable	10

LAMB WESTON EQUIVALENT PER BAG PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
2.5 LB	11.94	1/2 cup cooked vegetable	8.37

LAMB WESTON EQUIVALENT PER CASE PRODUCT			
PURCHASED UNIT	USDA SERVINGS PER PURCHASED UNIT	USDA SERVINGS PER MEAL CONTRIBUTION	USDA PURCHASED UNIT FOR 100 SERVINGS
15 LB	71.64	1/2 cup cooked vegetable	1.39

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchased Unit	Creditable Amount (quarter cup)
Potatoes, Sweet, Fries, frozen Puff	Red/ Orange	3.2	X	10/16	2.00

I certify the above information is true and correct and that 3.35 ounce serving of the above product contains 1/2 cup(s) of Red/Orange vegetables.

Cooking Instructions

Conventional Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 22-25 minutes or to desired crispness and texture.

Convection Oven: Pre-heat oven to 400°F. Minimum cook weight 1 lb. Arrange product in a single layer.

Bake 10-12 minutes or to desired crispness and texture.

Storage and Shelf Life

Keep Frozen until used.

Frozen Shelf Life: 24 months.

Approved by: *Rebecca Schmidt*

Sr. Nutritionist Date: July 1, 2016

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