

ORE-IDA® TATOR TOTS® SHAPED POTATOES
USDA School Lunch Meal Planning Nutrition Facts
OIF00215A

NUTRITION FACTS			
Serving Size 2.52 oz. (71g) FROZEN * about 8 pieces			
Amount per Serving			
Calories 130	Calories from Fat 50		
% Daily Value*			
Total Fat 6g	9%		
Saturated Fat 1g	5%		
Trans Fat 0g			
Polyunsaturated Fat 2g			
Monounsaturated Fat 3g			
Cholesterol 0mg	0%		
Sodium 310mg	13%		
Potassium 200mg	6%		
Total Carbohydrate 16g	5%		
Dietary Fiber 2g 7%			
Sugars 0g			
Protein 2g			
Vitamin A 0%	Vitamin C 6%		
Calcium 0%	Iron 0%		
INGREDIENTS: INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.			

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.52 oz of McCain tots.
 I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)			
Product: Potato Products, frozen, Rounds, Regular Size, Includes USDA Commodity (pg. 2-70)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	12.7	1/4 cup cooked vegetable	7.9

McCain Equivalent per Bag			
Product: Potato Products, frozen, Rounds, Regular Size, Includes USDA Commodity (pg. 2-70)			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	31.75	1/2 cup cooked vegetable	3.15

McCain Equivalent per Case			
Product: Potato Products, frozen, Rounds, Regular Size, Includes USDA Commodity (pg. 2-70)			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	190.50	1/2 cup cooked vegetable	0.52

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato Products, Frozen, Rounds	2.52 oz by weight	X	12.7 / 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
 Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

10/8/2013
 Date

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