



**Carteret
Elementary School**
April 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

This month, we are challenging you to focus on "Eating the Colors of the Rainbow." You can do this by choosing a variety of fruits and vegetables from every color found in the rainbow. More colors equals more variety, and more variety equals more ways to feed your body the healthy foods that help you feel good and thrive!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.75
Reduced Lunch	\$0.40
Adult Lunch	\$3.35



Monday: Muffin Bag
Tuesday: Cereal Bag
Wednesday: Muffin Bag
Thursday: Cereal Bag

Maschio's Swap Outs Available Daily

Bagel and Yogurt Bag
Extra Slice of Papa John's Pizza \$1.95
8 ounce water available daily for purchase \$0.50



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Check us out on Facebook: Maschio's Food Services, Inc.

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
3  Pretzel Hot Dog Battered French Fries 100% Juice Sorbet Opening Day	4  Fajita Chicken, Shredded Cheddar Cheese over Rice with Lettuce, & Salsa Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit	5 Baked Ziti Garlic Bread Green Beans Italiano Fresh or Chilled Fruit	6 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	7 Twisted Cheesy Breadsticks with Marinara Sauce Sautéed Spinach Fresh or Chilled Fruit
10 School Closed	11 School Closed	12 School Closed	13 School Closed	14 School Closed
Spring Recess! School Closed				
17 Chicken Nuggets Dinner Roll Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit	18  Grilled Cheese Sandwich Baby Carrot Dippers Fresh or Chilled Fruit	19 Pasta Day with Meat Sauce Dinner Roll Sautéed Broccoli Fresh or Chilled Fruit	20 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	21 Crispy Chicken Sandwich Smile Fries Fresh or Chilled Fruit
Eat the Colors of the Rainbow Week!				
24 Popcorn Chicken Dinner Roll Tater Tots Fresh Celery Dippers Fresh or Chilled Fruit	25 Hot Dog on a Bun Steamed Corn Fresh or Chilled Fruit Earth Day	26 Cheeseburger on a Bun Smile Fries Fresh or Chilled Fruit	27 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	28 Mini Corn Dog Nuggets Sweet Potatoes Fresh or Chilled Fruit
				

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com Or Call Maschio's Food Services at: 973-680-8608

Payments should be sent via cash or check with your child's name notes or at myschoolbucks.com : 10 for \$27.50 / 20 for \$55.00

Please Make Checks Payable To: Bloomfield BOE

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"