

Oakview Elementary School April 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

This month, we are challenging you to focus on "Eating the Colors of the Rainbow." You can do this by choosing a variety of fruits and vegetables from every color found in the rainbow. More colors equals more variety, and more variety equals more ways to feed your body the healthy foods that help you feel good and thrive!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.75

Reduced Lunch \$0.40

\$3.35 Adult Lunch

Monday: Muffin Bag

Tuesday: Cereal Bag

Wednesday: Muffin Bag

Thursday: Cereal Bag

Maschio's Swap Outs Available Daily

Bagel and Yogurt Bag

Extra Slice of Papa John's Pizza \$1.95

8 ounce water available daily for purchase \$0.50



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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie **Dippers Available Daily**

Check us out on Facebook: Maschio's Food Services, Inc.

ASCHIO'S MAIN

| S. | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------|--|---|--|--|---|
| | Pretzel Hot Dog Battered French Fries 100% Juice Sorbet Opening Day | Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit | 5 Baked Ziti Garlic Bread Green Beans Italiano Fresh or Chilled Fruit | Breakfast for Lunch Pancakes Breakfast Sausages Hash Browns Fresh or Chilled Fruit | 7 Twisted Cheesy Breadsticks with Marinara Sauce Sautéed Spinach Fresh or Chilled Fruit |
| | School Closed | School Closed | School Closed | School Closed | School Closed |
| | 17 Chicken Nuggets Dinner Roll Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit | Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit | Pasta Day with Meat Sauce Dinner Roll Sautéed Broccoli Fresh or Chilled Fruit | 20 Breakfast for Lunch French Toast Sticks Breakfast Sausage Tater Tots Fresh or Chilled Fruit | 21 Crispy Chicken Sandwich Smile Fries Fresh or Chilled Fruit |
| 2) 111 | 24 Popcorn Chicken Dinner Roll Tater Tots Fresh Celery Dippers Fresh or Chilled Fruit | 25 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit Earth Day | of the Ra Cheeseburger on a Bun Smile Fries Fresh or Chilled Fruit | 27 Boneless BBQ Chicken Dinner Roll Garden Peas Fresh or Chilled Fruit | 28 Mini Corn Dog Nuggets Sweet Potatoes Fresh or Chilled Fruit |
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Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com Or Call Maschio's Food Services at: 973-680-8608

Payments should be sent via cash or check with your child's name notes or at myschoolbucks.com: 10 for \$27.50 / 20 for \$55.00

Please Make Checks Payable To: Bloomfield BOE



MENU SUBJECT TO CHANGE