



Bloomfield High School

December 2017
Lunch Menu

Student Lunch \$2.95 Reduced Lunch \$0.40 Adult Lunch \$3.45

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO

Freshly prepared Pizza with assorted toppings
Delicious assortment of Special Entrées

Fast & Fresh

Assorted freshly prepared specialty Salad Meals, Wraps, and Fruit Smoothies

Great Grillers

Grilled Favorites including Beef, Chicken, and Vegetarian options

Deli Central

Assorted variety of deli meats and cheeses on fresh rolls, breads, and wraps with a variety of fresh toppings

Harvest Market

Fresh Vegetables, Legume & Grain Salads, and Green Leafy Salads Available Daily

The Main Event

Monday Tuesday Wednesday Thursday Friday

HAPPY HOLIDAYS

1 **The MAC Burger on a Bun**
with Thousand Island Dressing, American Cheese, Pickle Slices, and Lettuce
Sweet Potato Fries
Fresh Veggie Dippers
Fresh or Chilled Fruit

4 **Mashed Potato Bowl** with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy
Dinner Roll
Fresh Apple

5 **Taco Tuesday**
Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa
Steamed Rice
Corn
Fresh or Chilled Fruit

6 **Herb Roast Chicken**
Dinner Roll
Sautéed Broccoli
Fresh or Chilled Fruit

7 **Grilled Ham & Cheese Sandwich**
Tomato Soup
Fresh or Chilled Fruit

8 **New Recipe! Sweet Chili Beef and Noodle Bowl** with Green Beans
Fresh or Chilled Fruit

11 **BBQ Chicken**
Dinner Roll
Seasoned Potato Wedges
Fresh or Chilled Fruit

12 **Hot Open-Faced Turkey Sandwich**
Vegetable Medley
Fresh or Chilled Fruit

13 **Buffalo Chicken Mac & Cheese**
Soft Pretzel Stick
Freshly Prepared Garden Salad
Fresh or Chilled Fruit

14 **Chicken Cheesesteak Hero** with Peppers & Onions
Tater Tots
Fresh or Chilled Fruit

15 **Chicken & Cheese Quesadilla** with Salsa & Sour Cream
Refried Beans
Fresh or Chilled Fruit

18 **Herb Roast Chicken**
Dinner Roll
Tater Tots
Fresh or Chilled Fruit

19 **Loaded Texas Wedges** with Chili & Cheese
Dinner Roll
Steamed Corn
Fresh or Chilled Fruit

20 **Holiday Meal**
Chicken Parm with Pasta Marinara
Broccoli Italiano
Fresh or Chilled Fruit
Holiday Pretzel

21 **First Day of Winter**
SCOOP-A-BOWL!
Fajita Chicken, Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa
Tostitos SCOOPS![®]
Tortilla Chips
Steamed Corn
Fresh or Chilled Fruit

22 **Half Day No Lunch Served**

25 26 27 28 29

Enjoy your Winter Break & Have a Happy New Year!

MENU SUBJECT TO CHANGE



Our well-balanced lunches available for the week, average between 750-850 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Connect with us!



Questions or Concerns?
Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-680-8608

