



Bloomfield Elementary Schools

February 2017 Breakfast Menu

Healthy Meals Grow Healthy Kids!

Get a Healthy Start to Your Day with School Breakfast!

All Entrees are Served With:
Assorted Fruit
100% Juice
Low Fat Milk Choice

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast \$1.30

Adult Breakfast \$1.70


Reduced Breakfast \$0.30

take time for
school
 BREAKFAST



Nutrition News

February is Heart Healthy Month! Your heart is a muscle and getting at least 60 minutes of physical activity per day is very important to keep your heart healthy and strong. To keep your heart happy, choose a variety of heart healthy options such as fruits, vegetables, whole grains, legumes, lean meats, poultry, fish, nuts, and fat free/low fat milk.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	2 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	3 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers
6 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	7 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	8 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	9 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	10 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers
13 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	14 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	15 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	16 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	17 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers
20 School Closed Presidents' Day	21 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	22 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	23 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	24 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers
27 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	28 Assorted Muffins with Graham Crackers Cereal Bowl with Graham Crackers Cereal Bar with Graham Crackers	 <p>Keep your heart happy by choosing healthy options!</p>		

MENU SUBJECT TO CHANGE



Check us out on Facebook : Maschio's Food Services, Inc.

Please Visit: www.maschiofood.com



"This institution is an equal opportunity provider"