



Forest Glen Early Childhood Center May 2017 Lunch Menu

Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$2.75
Reduced Lunch	\$0.40
Adult Lunch	\$3.35

MASCHIO'S MAIN EVENT

Monday: Muffin Bag
 Tuesday: Cereal Bag
 Wednesday: Muffin Bag
 Thursday: Cereal Bag

Maschio's Swap Outs Available Daily

Bagel and Yogurt Bag

Extra Slice of Papa John's Pizza \$1.95

8 ounce water available daily for purchase \$0.50



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily



Check us out on Facebook : Maschio's Food Services, Inc.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit	2 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	3 Wafflelicious Wednesday Waffles Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit	4 STAR WARS DAY Grilled Cheese Sandwich Vader Tater Tots Galaxy Swirl Sorbet	5 Chicken Fajita Meat with Shredded Cheddar Cheese over Rice and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit
8 China Sweet and Sour Chicken over Rice Baby Carrots Fresh or Chilled Fruit	9 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	10 Mexico Taco Meat, Shredded Cheddar Cheese over Rice and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit	11 America Cheeseburger on a Bun Sweet Potato Crinkle Fries Fresh or Chilled Fruit National BBQ Month	12 Italy Mini Cheese Calzones with Marinara Sauce Veggie Dippers Fresh or Chilled Fruit
15 Chicken Nuggets Dinner Roll Vegetable Medley Fresh or Chilled Fruit	16 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	17 Lucky Tray Day Meatball Parm Sub Smile Fries Fresh Veggie Dippers Fresh or Chilled Fruit	18 Mini Corn Dogs Green Beans Fresh or Chilled Fruit	19 Twisty Cheesy Breadsticks with Marinara Sauce Baby Carrots Fresh or Chilled Fruit
22 Popcorn Chicken Confetti Rice Steamed Corn Fresh or Chilled Fruit	23 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	24 Boneless BBQ Chicken Dinner Roll Maple Sweet Potatoes Fresh or Chilled Fruit	25 Mozzarella Sticks with Marinara Sauce Dinner Roll Mixed Vegetables Fresh or Chilled Fruit	26 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit
29 Memorial Day School Closed 	30 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	31 Turkey Pretzel Dog Garden Peas Fresh or Chilled Fruit	 Celebrate World Food Week!	

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 973-680-8608

Payments should be sent via cash or check with your child's name notes or at myschoolbucks.com :
 10 for \$27.50 / 20 for \$55.00

Please Make Checks Payable To: Bloomfield BOE

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"