



Bloomfield Middle School

October 2017
Lunch Menu

Student Lunch \$2.85 Reduced Lunch \$0.40 Adult Lunch \$3.45

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO Freshly made Cheese and Pepperoni Pizza
Papa John's Pizza offered on Fridays!

Fast & Fresh Assorted Freshly Prepared Specialty Salad Meal

Deli Central Italian Hoagie with Cheese with Lettuce and Tomato
Turkey and Cheese Wrap with Lettuce and Tomato

Harvest Market Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**



Connect with us!



The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	3 California Cheeseburger on a Bun Tater Tots Fresh or Chilled Fruit	4 National Taco Day! Tacos with Taco Meat, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, and Salsa Steamed Rice Corn Fresh or Chilled Fruit	5 BBQ Grilled Chicken Sandwich Country Slaw Vegetarian Baked Beans Strawberry Applesauce	6 Papa John's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
9 School Closed	10 Cheesesteak Hero French Fries Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	11 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit	12 New Recipe! #ThrowbackThursday Cheeseburger Mac & Cheese Soft Pretzel Stick Broccoli Fresh or Chilled Fruit	13 Papa John's Pizza Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit
NATIONAL SCHOOL LUNCH WEEK				
16 Crispy Chicken BLT on a Roll Fresh Cucumber Coins Fresh or Chilled Fruit	17 Top Your Own Hot Dog On a Bun French Fries Fresh or Chilled Fruit	18 SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit	19 Half Day No Lunch Served	20 Papa John's Pizza Locally Grown Veggie Dippers Fresh or Chilled Fruit
23 Meatball Parm Hero Green Beans Fresh or Chilled Fruit	24 New Recipe! Chicken Fried Rice Steamed Vegetables Mandarin Oranges Fortune Cookie	25 Pasta with Meat Sauce Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	26 Chicken Tenders Vegetable Pasta Salad Fresh Veggie Dippers Fresh or Chilled Fruit	27 Papa John's Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
30 Rodeo Burger on a Bun with BBQ Sauce & Onion Rings Smile Fries Fresh or Chilled Fruit	31 HALLOWEEN Turkey Corn Dog Nuggets Sweet Potato Tots 100% Juice Orange Sorbet		<p style="text-align: center;">Cook Up your own Recipe for Success during National School Lunch Week!</p> <p>This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details. There will be three winners company-wide. Each winner will receive a gift basket and gift card. Each winner's recipe creation will be featured on the January Menu!</p>	

MENU SUBJECT TO CHANGE

Questions or Concerns?
 Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 973-680-8608

