



Bloomfield Middle School

September 2017
Lunch Menu

Student Lunch **\$2.85** Reduced Lunch **\$0.40** Adult Lunch **\$3.45**
All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO Freshly made Cheese and Pepperoni Pizza
Papa John's Pizza offered on Fridays!

Fast & Fresh Assorted Freshly Prepared Specialty Salad Meal

Deli Central Italian Hoagie with Cheese with Lettuce and Tomato
 Turkey and Cheese Wrap with Lettuce and Tomato

Harvest Market Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**



Connect with us!



The Main Event

Monday Tuesday Wednesday Thursday Friday

We Hope You Enjoyed Your Summer Vacation!

				1 No School
4 Labor Day School Closed	5 School Closed	6 Welcome Back! Crispy Chicken BLT Sandwich Freshly Prepared Tomato & Cucumber Salad with Fresh Basil Watermelon Sorbet	7 Breakfast for Lunch French Toast Sticks Breakfast Sausage Sweet Potato Tots Fresh or Chilled Fruit	8 Papa John's Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit
11 Spicy or Plain Chicken Tender Basket with Tater Tots and Soft Pretzel Stick Fresh Veggie Dippers Fresh or Chilled Fruit	12 Tacos with Taco Meat, Shredded Cheddar Cheese, Diced Tomatoes, Shredded Lettuce, and Salsa Steamed Rice Black Bean and Corn Salad Fresh or Chilled Fruit	13 Buffalo Chicken or Creamy Macaroni & Cheese Warm Breadstick Steamed Broccoli Fresh or Chilled Fruit	14 Philly Cheesesteak Hero with Peppers and Onions French Fries Fresh or Chilled Fruit	15 Papa John's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
18 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	19 Breakfast for Lunch Waffles Breakfast Sausages Hash Browns Fresh or Chilled Fruit	20 Pasta with Meat Sauce Warm Garlic Breadstick Green Beans Strawberry Applesauce	21 School Closed	22 Papa John's Pizza Fresh Veggie Dippers Fresh or Chilled Fruit
25 BBQ Chicken Sandwich Locally Grown Fresh Veggie Dippers Seasoned Potato Wedges Fresh or Chilled Fruit	26 Grilled Cheese Sandwich Tomato Soup Freshly Prepared Garden Salad Locally Grown Fresh Apple	27 Top Your Own Hamburger on a Bun with Assorted Toppings French Fries Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit	28 Pasta Alfredo with Locally Grown Roasted Vegetables Warm Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	29 Papa John's Pizza Freshly Prepared Italian House Salad with Locally Grown Tomatoes Fresh or Chilled Fruit



Jersey Fresh Farm to School Week

MENU SUBJECT TO CHANGE

Questions or Concerns?
 Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 973-680-8608



"This institution is an equal opportunity provider"