

# Forest Glen Early Childhood Center

## September 2017 Lunch Menu

Farm Fresh Produce will be available from September 25th through the 29th.  
Look out for the Jersey Fresh Symbol on the lunch line!

**Local produce decreases the food miles from the farm to your cafeteria.**  
**Local fruits and vegetables are in season and taste great!**

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.85  
Reduced Lunch \$0.40  
Adult Lunch \$3.45

Monday: Muffin Bag  
Tuesday: Cereal Bag  
Wednesday: Muffin Bag  
Thursday: Cereal Bag  
Friday: Cereal or Muffin Bag


Maschio's Swap Outs Available Daily

Bagel and Yogurt Bag

Extra Slice of Papa John's Pizza \$2.10

8 ounce water available daily for purchase \$0.50

Connect with us!   



**Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>We Hope You Enjoyed Your Summer Vacation!</b>			1 School Closed
4 Labor Day School Closed	5 School Closed	6 Welcome Back! Crispy Chicken Sandwich Fresh Baby Carrots Watermelon Sorbet	7 Grilled Cheese Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit	8 Breakfast for Lunch French Toast Sticks Breakfast Sausage Sweet Potato Tots Fresh or Chilled Fruit
11 Chicken Nuggets Dinner Roll Green Beans Fresh or Chilled Fruit	12 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	13 Lucky Tray Day Macaroni & Cheese Dinner Roll Steamed Broccoli Fresh or Chilled Fruit	14 Cheeseburger on a Bun French Fries Fresh or Chilled Fruit	15 Mozzarella Sticks with Marinara Sauce Fresh Veggie Dippers Fresh or Chilled Fruit
18 Popcorn Chicken with Dipping Sauces Dinner Roll Carrots Fresh or Chilled Fruit	19 Papa John's Pizza Freshly Prepared Tossed Salad Fresh or Chilled Fruit	20 Pasta with Meat Sauce Dinner Roll Green Beans Strawberry Applesauce	21 School Closed	22 All Beef Hot Dog on a Bun Smile Fires Fresh or Chilled Fruit
25 Grilled Chicken Sandwich with Cheese Seasoned Potato Wedges Fresh or Chilled Fruit	26 Johnny Appleseed Day Papa John's Pizza Freshly Prepared Tossed Salad Locally Grown Apple	27 Boneless BBQ Chicken Dinner Roll Garden Peas and Carrots Fresh or Chilled Fruit	28 Pasta Alfredo with Garden Vegetables Dinner Roll Mixed Vegetables Fresh or Chilled Fruit	29 Grilled Cheese Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit



Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: 973-680-8608

Payments should be sent via cash or check with your child's name notes or at [myschoolbucks.com](http://myschoolbucks.com):  
10 for \$28.50 / 20 for \$57.00

**Please Make Checks Payable To: Bloomfield BOE**

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"